

# Atomic and Nuclear Physics

**Week #1**

**Energy & Mass – energy relation**

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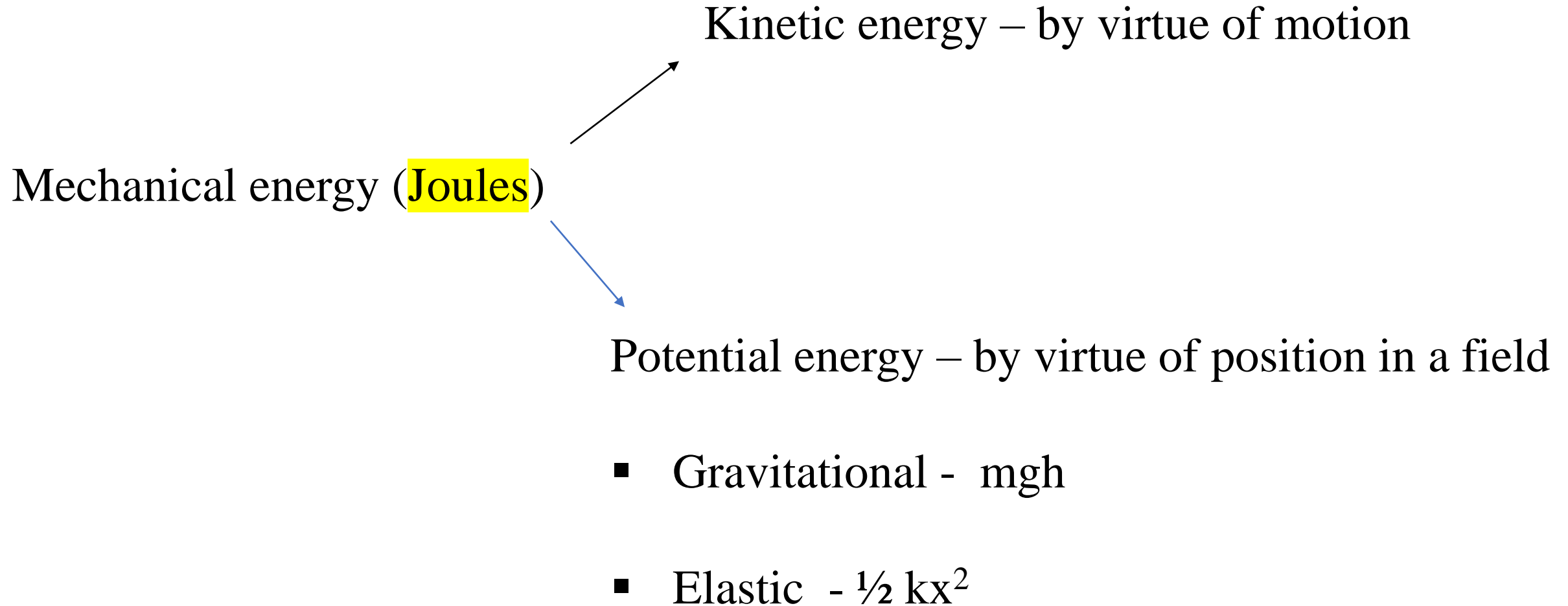
We discuss ...

- Energy and its units
- The Joule
- Electron-volt (eV)
- Relativistic mass- energy relation.

# Energy and its units

- Energy – refers to an entity which helps to perform work
- It appears in various forms and can be transformed from one form to another.
- The SI (International System of Units) unit of energy is the joule (J).

Here are some common forms of energy and their units:



**1. Thermal Energy:** This is the internal energy of a system due to the motion of its particles. The unit is also the **Joule (J) or calories (cal)**.

**2. Chemical Energy:** This is the energy stored in the bonds between atoms and molecules in a chemical substance. It is typically measured in **Joules (J) or calories (cal)**.

**3. Electrical Energy:** The energy associated with the flow of electric charge. The unit is the **Joule (J)**. In everyday use, we often measure electrical energy in **kilowatt-hours (kWh)**.

**4. Nuclear Energy:** The energy released or absorbed during nuclear reactions. It is often measured in **mega electron volts (MeV)**

**5. Radiant Energy:** This is energy carried by electromagnetic waves, such as light, radio waves, and X-rays. The unit is also the **Joule (J)**.

**6. Sound Energy:** The energy associated with the propagation of sound waves. It is typically measured in **Joules (J) or decibels (dB)**.

**7. Wind Energy:** The energy harnessed from the motion of air masses, often measured in **Joules (J) or kilowatt-hours (kWh)** for electricity generation.

**8. Hydroelectric Energy:** The energy obtained from the flow of water, often measured in **Joules (J) or kilowatt-hours (kWh)**.

**9. Solar Energy:** Energy from the sun, often measured in Joules (J) or kilowatt-hours (kWh) when used for electricity generation.

**10. Geothermal Energy:** Heat energy stored in the Earth's interior, often measured in Joules (J) or kilocalories (kcal).

**11. Tidal Energy:** Energy generated by the gravitational forces of the moon and sun on Earth's tides, often measured in Joules (J) or kilowatt-hours (kWh).

- ✓ It's important to note that while the joule (J) is the SI unit of energy, other units like the calorie (cal), kilowatt-hour (kWh), and British thermal unit (BTU) are commonly used in specific contexts, especially in everyday life and engineering applications.
- ✓ The conversion between these units can be done using appropriate conversion factors.

- ❖ Subatomic or nuclear particles being extremely small and light SI unit of energy – Joule becomes too big for them
- ❖ The quantities expressed in Joules may be too small us to understand or comprehend – like  $10^{-30}$  Joules

- Evaluating energy in the units of Joules for such cases will not be convenient.
- For an electron (mass =  $9.109 \times 10^{-31}$  kg) moving a speed of 10 km/s ( $10^3$ m/s), kinetic energy of the electron =  $\frac{1}{2} mv^2$   
 $= \frac{1}{2} \times 9.109 \times 10^{-31} \times (10^3 \text{m/s})^2 = \mathbf{4.554 \times 10^{-25} \text{ J}}$ .

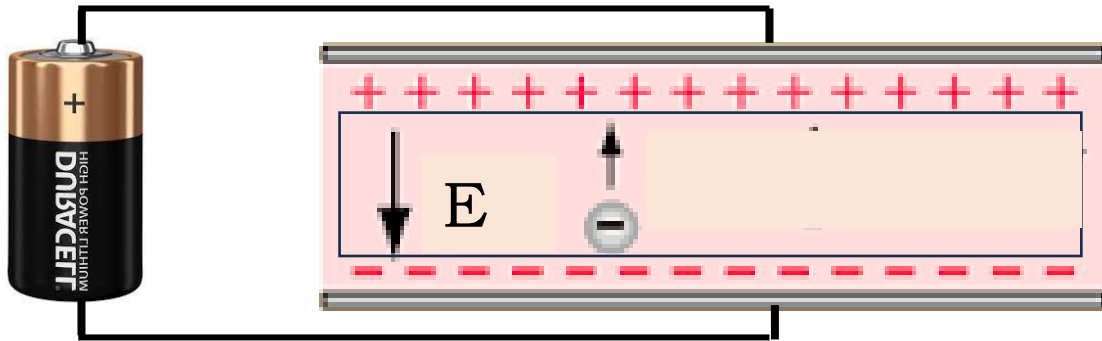
This quantity is **too small in human scale** and we cannot mentally apprehend the gravity and scale of the quantity.

- **In subatomic physics, we mostly deal with extremely small objects.**
- Therefore, we have **an alternate unit** while dealing with microparticles in modern physics, called **electron-volt (eV)**.
- **One electron volt is the kinetic energy acquired by an electron when it is accelerated through an electrostatic potential of 1 Volt.**

- Similarly, 10 eV is the energy acquired by an electron when it is accelerated through an electrostatic potential of 10 Volt.
- The numerical value of 1 eV in joules is equivalent to the numerical value of the charge of an electron in coulombs.

$$\text{That is } 1 \text{ eV} = 1.6022 \times 10^{-19} \text{ J.}$$

## Electron volt



**Energy acquired by electron:**

$$W = qV = 1.6 \times 10^{-19} \text{C} \times 1 \text{ J/C}$$

$$= 1 \text{ eV} = 1.6 \times 10^{-19} \text{ J}$$

**That is  $1 \text{ eV} = 1.6022 \times 10^{-19} \text{ J}$ .**

**Problem 1:** Evaluate the **velocity of an electron** accelerated through a potential of 100 Volt?

- ✓ Kinetic energy of electron in 100Volt electric field
- ✓ Energy = 100 eV =  $100 \times 1.6022 \times 10^{-19} = 1.6022 \times 10^{-17}$  Joules.
- ✓  $1.6022 \times 10^{-17}$  Joules =  $\frac{1}{2} mv^2 = \frac{1}{2} \times 9.109 \times 10^{-31} \times (v)^2$

$$\text{Therefore, } v = \sqrt{\frac{2 \times 1.6022 \times 10^{-17}}{9.109 \times 10^{-31}}}$$

$$= \sqrt{0.3518 \times 10^{14}}$$

$$= \mathbf{0.5931 \times 10^7 \text{ m/s} (=5931 \text{ km per second})}$$

What happens when a body accelerates at a tremendous rate?

- When objects move with incredible velocities we call it relativistic velocity
- That is, velocity comparable with velocity of light in free space
- Is there any limit for getting accelerated?

# Relativistic mass-energy relation.

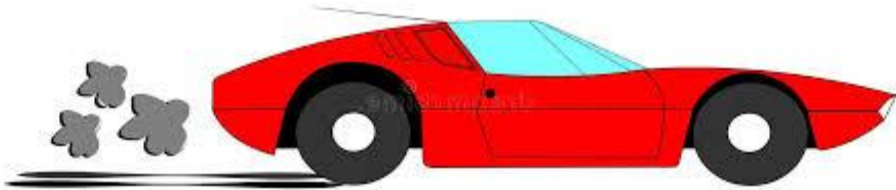
- ❑ In Newtonian mechanics, an object in motion has kinetic energy

$$E = \frac{1}{2} mv^2$$

- ❑ Energy can be transformed from one form to another form of energy.

Light to electrical (solar)      Electrical to mechanical (fan)      .....

- ❑ Can energy be transformed to mass?



**How much can we speed up a car?**

**What happens if speed increases incredibly?**

- ❖ Einstein proposed that kinetic energy will appear as mass in such cases!
- ❖ Some of the kinetic energy will apparently be transformed to Mass
- ❖ Therefore, “mass-energy can be inter-changed into one another.
- ❖ This happens as  $E = mc^2$  and is known as Einstein’s mass-energy equation.

# Mass energy equivalence

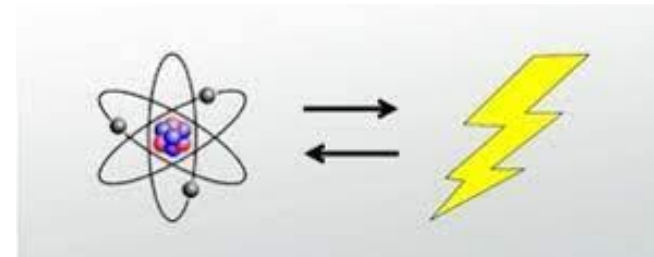
The special theory of relativity (Einstein in 1905)

Two vital ideas in Physics.

(1) **variation** of mass of a particle with its velocity and

$$\mathbf{m} = \frac{m_0}{\sqrt{1 - \frac{v^2}{c^2}}}$$

(2) **Proportionality** between mass and energy



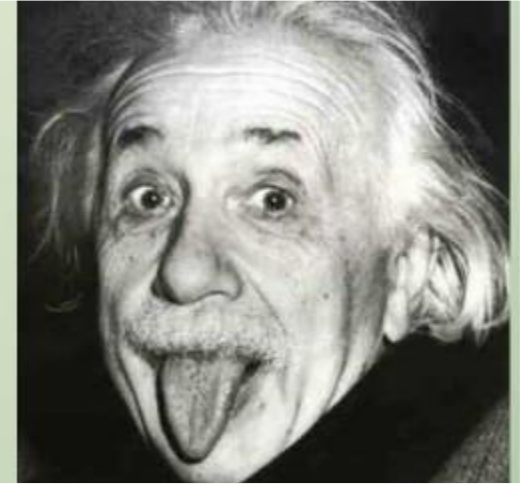
## Proportionality between mass and energy

- Helps us to consider **mass as another form of energy**.
- Therefore:  
law of **conservation of energy** = law of **conservation of mass-energy**.
- To be precise, heating a body (adding energy to it) increases its mass;
- Being a tiny fraction of the mass of it is beyond our sensory perceptions and measurement techniques.
- In a nuclear reaction, the energy released often results in the change in mass that can easily be measured.

Albert Einstein “the mass of an object increases with its speed”

$$m = \frac{m_0}{\sqrt{1 - \left(\frac{v}{c}\right)^2}}$$

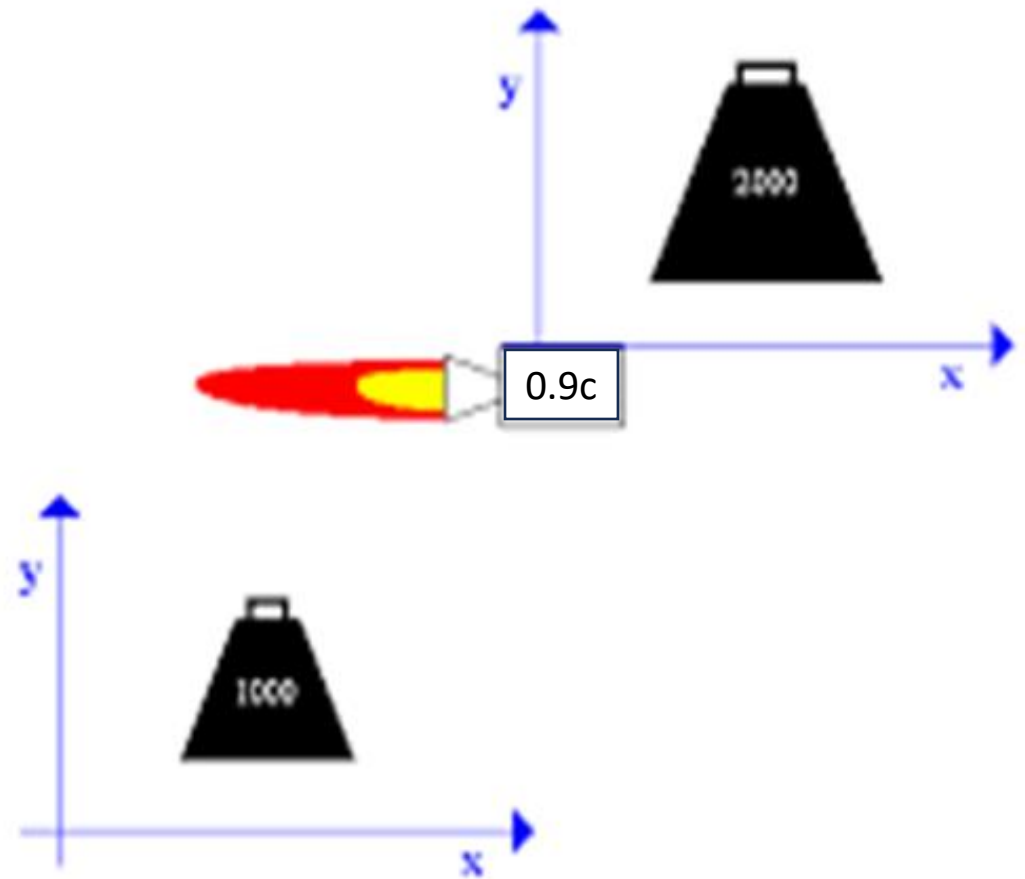
where  $\sqrt{1 - \left(\frac{v}{c}\right)^2} < 1$  and  $m_0 =$  rest mass  
 $v =$  speed of object



Albert Einstein “performing work on mass increases its energy”

This implies that:

**mass and energy are equivalent, in the sense that  
a gain or loss of mass can be regarded equally well  
as a gain or loss of energy**



$$m = \frac{m_0}{\sqrt{1 - \frac{v^2}{c^2}}}$$

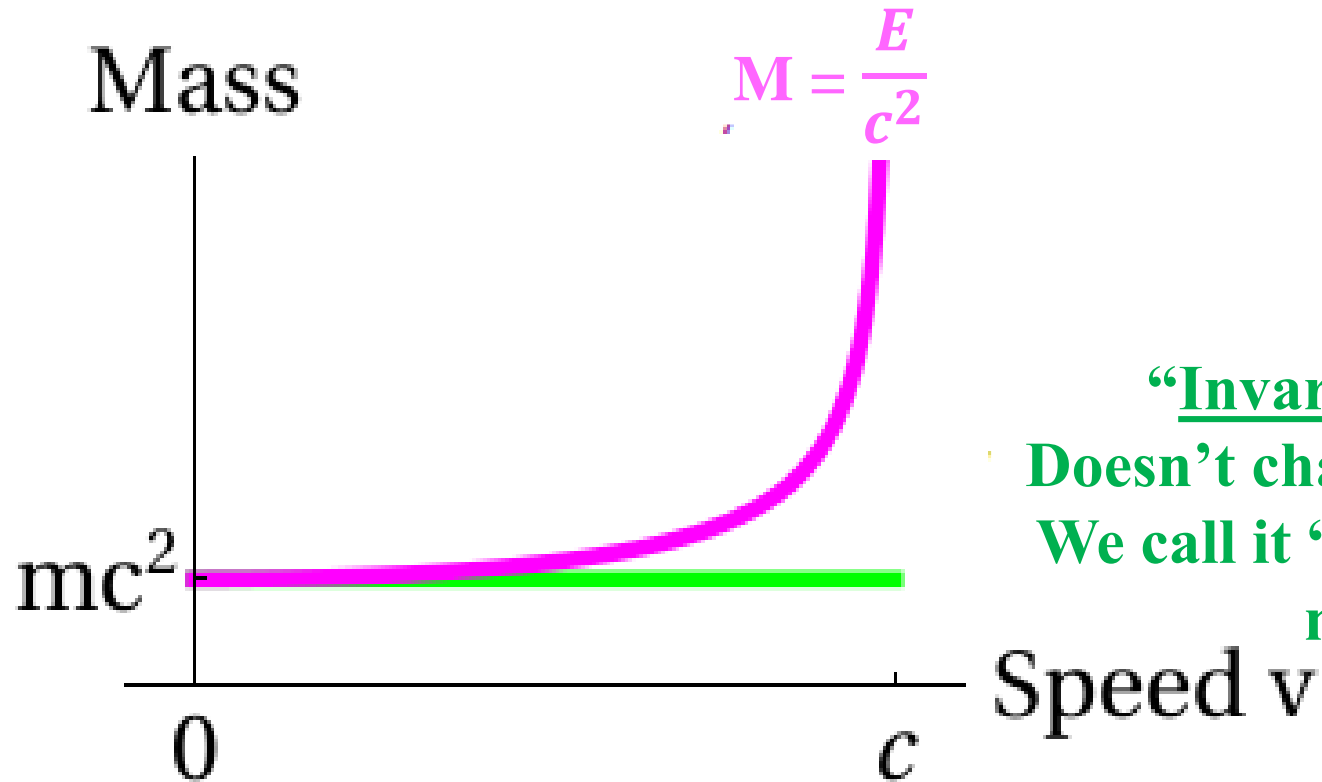
$$m = \frac{1000}{\sqrt{1 - \left(\frac{0.9c}{c}\right)^2}}$$

$$m = \frac{1000}{\sqrt{1 - (0.9)^2}}$$

$$m = \frac{1000}{\sqrt{1 - 0.81}} = \frac{1000}{\sqrt{0.19}}$$

$$= \frac{1000}{0.4359} = 2294 \text{ g}$$

“Relativistic” Mass  
Just energy in disguise



“Invariant” Mass  
Doesn't change with speed  
We call it “Mass” or “rest mass”

The **variation of mass with velocity** leads to modifications of our ideas

about kinetic energy,  $T = \int F \cdot ds$ .  $F = m a = m \frac{d(v)}{dt} = \frac{d(mv)}{dt}$

The relation for **kinetic energy** can be written as :


$$T = \int_0^s \frac{d(mv)}{dt} \cdot ds = \int_0^s \frac{ds}{dt} \cdot d(mv) = \int_0^{mv} v d(mv) \quad m = \frac{m_0}{\sqrt{1 - \frac{v^2}{c^2}}}$$

$$T = \int_0^v v d\left(\frac{m_0 v}{\sqrt{1 - \frac{v^2}{c^2}}}\right)$$

Upon integration we get:  **$T = mc^2 - m_0 c^2$**

$$T = mc^2 - m_0c^2$$

Therefore, total energy of a body,  $mc^2 = T + m_0c^2$

  
Apparent mass      Rest mass

If a quantity of energy is transferred with a velocity  $v$ , we can write for the magnitude of the associated momentum  $P = mv$ .

Energy,  $E = mc^2$  gives:  $m = \frac{E}{c^2}$

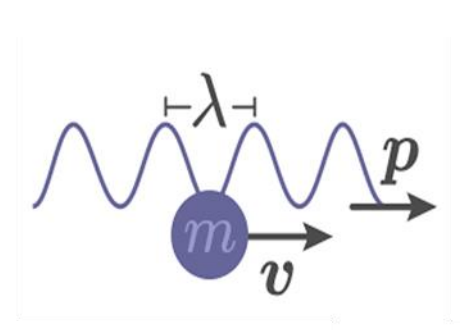
Therefore, we can have  $P = \frac{Ev}{c^2}$

The relation for total energy:

$\mathbf{E} = \mathbf{T} + \mathbf{m}_0\mathbf{c}^2$  is the first order relation for total energy

$\mathbf{E}^2 = \mathbf{p}^2\mathbf{c}^2 + \mathbf{E}_0^2$  is the second order relation.

While talking about momentum and De Broglie wave lengths, we can have two limiting cases.



$$\lambda = \frac{h}{mv} = \frac{h}{p}$$

(1) **Non-relativistic** realm ( $E_0 \gg T$ , Rest mass energy is much greater than the KE)

$$\text{Momentum, } P = m_0 v = \sqrt{2m_0 T} \quad \text{and De Broglie, } \lambda = \frac{h}{m_0 v} = \frac{h}{\sqrt{2m_0 T}}$$

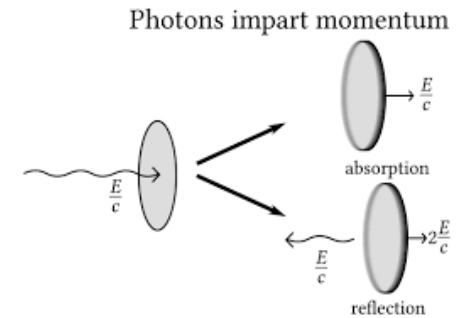
(1) **Relativistic case**, ( $T \gg E_0$ , KE is much greater than rest mass energy)

$$\text{Momentum, } P = \frac{E}{c} \quad \text{and De Broglie, } \lambda = \frac{hc}{E}$$

- The rest mass of the photon must be zero

Otherwise, the mass of a photon traveling with the velocity of light would be infinite.

$$\mathbf{m} = \frac{m_0}{\sqrt{1 - \frac{v^2}{c^2}}} = \frac{m_0 v}{\sqrt{1 - \frac{c^2}{c^2}}} = \frac{m_0 v}{0} = \infty$$



Although the rest mass of a photon is zero, the photon has a mass (momentum) associated with its kinetic energy.

Mass of photon is  $= \frac{h}{c^2}$  and corresponding momentum,  $p = \frac{h}{vc}$

# 1. Einstein's mass-energy relation (derivation):

- Consider an object travelling with the speed of light.
- Energy and momentum are **induced** in it due to the applied force.
- The increase in **momentum** of the object  
= mass x change in velocity of the body because of the force.

➤ **Energy acquired** = Force x Distance (**E = F x d**)

➤ The **momentum gained** = the force x the time (**P = F x t**)

➤ The momentum gained by the object,  $P = m \times c$  Hence, **F =  $\frac{mc}{t}$**

➤ Combining,  $E = F \times d$  and  $F = \frac{mc}{t}$ , we have  $E = \frac{mc}{t} \times d = \frac{mcd}{t} = mc^2$ .

➤ Therefore, **E = mc<sup>2</sup>**.

## Physical Significance of Einstein's Equation: $E = mc^2$

Imagine, a *brick being heated* or a *battery being charged* in the inertial reference frame in which they are at rest.

- As the brick is heated, or the battery charged, it absorbs an amount of energy  $E_0$  as measured in its rest frame.
- Einstein's equation tells us that the mass of the brick, or battery, after it absorbs an amount of energy  $E_0$  is increased exactly by an amount  $\frac{E_0}{c^2}$ .
- The value of the **mass** of the hot brick or charged battery **is greater than it was before** it absorbed energy, though this **quantity is so negligible**.

Imagine, a brick being heated through 100°C. Its heat capacity is 80 kJ/kg°C. Calculate the mass gained by the brick? Assume that mass of brick is 2kg

Energy gained while heating through 100°C =  $80000 \times 2 \times 100 = 16 \times 10^6$  J

Energy gained is equivalent =  $\Delta mc^2$

Therefore,  $\Delta m = (16 \times 10^6 \text{ J}) / (3 \times 10^8)^2 = 1.8 \times 10^{-10} \text{ kg}$  is unimaginably small !!



Similar way, assume a mobile phone cell charged with 1000mA at 3V for an hour.

$$\text{Energy gained while charging} = 1000 \times 10^{-3} \times 3 \times 3600 = 108 \times 10^2 \text{ J}$$

$$\text{Energy gained is equivalent} = \Delta mc^2$$

Therefore,  $\Delta m = (108 \times 10^2 \text{ J}) / (3 \times 10^8)^2 = 12 \times 10^{-14} \text{ kg}$  is unimaginably small !!



# Recapitulation

- There are numerous forms of energy which are interchangeable
- The SI (International System of Units) unit of energy is the joule (J)
- Electron Volt (eV) is a convenient unit of energy for subatomic particles
- For relativistic particles, total energy is the sum of dynamic energy and rest mass energy
- Just like two forms of energy, mass and energy are also inter convertible

## References:

1. Littlefield, T.A. & Thorley, N., Atomic and Nuclear Physics, 3rd edition, (ELBS and van Nostrand Reinhold Co., 1979).
2. Noz, M.E., & McGuire, G.O., Radiation Protection in the Radiologic and Health Sciences, Lea & Fibiger (2005).

THANK YOU